

## **MAY 2019**

### **Thursday 2nd May 2019 - Tintern and Offa's Dyke**

6-7 miles, Moderate, band D

Woodland tracks and paths, some rough underfoot. Riverside stretch can be muddy.

A couple of steep ascents with some road walking

Blackvein Road at 9:30am

Clive Elliot 07807 606063

### **Saturday 4th May 2019 to Monday 6th May 2019 - South Devon**

We're off to South Devon with 3 walks, likely to be as follows :-

On route we will call at Teignmouth crossing to Shaldon for a 6 mile circular walk then a walk from Salcombe to either East Portlemouth to Gara rock via a ferry - or - East Soar circular, both ending in Salcombe for lunch or afternoon tea.

Please let Clive know your choice - see the Front Page for details

finally a walk from Hope Cove to Bantham circular via Thurstleton, the last 3 walks being mainly coastal

So if you haven't booked, please get in touch with Clive at once.

Clive Turner 07802 231371

### **Thursday 9th May 2019 - To the Black Island**

7 miles, Mostly flat

A local walk that got washed out in the Spring !!

Blackvein Road at 9:30am

John Venn 01495 271953

### **Saturday 11th May 2019 - The Caerphilly Challenge**

11-12 Miles, Energetic

Our annual contribution to CCBC's Caerphilly Challenge

St Martins School, Caerphilly

Richard Beaugie 07905 062329

### **Thursday 16th May 2019 - Goytre Wharf and Llanover Church**

7 Miles, Leisurely, band B

Through quiet lanes and across fields to Llanover Church, returning along the canal.

Blackvein Road at 9:30am

Mike Showler 07814 006646

### **Sunday 19th May 2019 - Bwlch**

7 Miles, Moderate, band C

A circular walk that explores the less trodden paths of the Black Mountains, with striking views over Pen y Fan, Llangorse lake and the Central Beacons

Blackvein Road at 9:30am, Car sharing essential

Karen Ford 07557 780784

## **Thursday 23rd May 2019 - Llanfoist**

7 Miles, Moderate, band B  
A walk around Llanfoist and Abergavenny  
Blackvein Road at 9:30am  
Andrew Wilmott 07549 628429

## **Saturday 25th May 2019 - Beacons Horseshoe**

11 Miles, Strenuous, band C  
Corn Du, Pen-Y-Fan, Cribin and Fan-Y-Big with some of the best views in South Wales  
Blackvein Road at 9:00am  
Phil Purnell 07729 221799

## **Thursday 30th May 2019 - Caerphilly**

6 Miles, Leisurely, band B  
Braving the wild uplands of Caerphilly Mountain  
Blackvein Road at 9:30am  
Sonia Thomas 01633 680569

## **JUNE 2019**

### **Saturday 1st June 2019 - Weston Super Mare**

7 miles, Easy

Walk from Sand Bay over Worlebury hill to Weston Super Mare, returning via Kewstoke.

Coastal, forest and sea with a coffee stop at Weston Front

Blackvein Road at 9:30am

Clive Turner 07802 231371

### **Thursday 6th June 2019 - Bassaleg and Rhiwderin**

6 Miles, Leisurely, band A

Pleasant countryside around Rhiwderin

Blackvein Road at 9:30am

Sonia Thomas 01633 680569

### **Sunday 9th June 2019 - Llangorse Lake**

9-10 miles, Moderate, band D

Water, water everywhere and we're standing on the brink.

Blackvein Road at 9:30am

Andrew George 07840 743791

### **Thursday 13th June 2019 - Surprise, surprise !!**

details to follow

details to follow

Blackvein Road at 9:30am

Clive Elliot 07807 606063

### **15th/16th June 2019 - Situation Vacant**

Apply within

Somewhere, over the rainbow

Blackvein Road at 9:30am

The Invisible Man

### **Thursday 20th June 2019 - Crickhowell!**

6 Miles, Easy, band C

From Crickhowell to Llangattock then along the canal and the Usk valley Walk

Blackvein Road at 9:30am

Mike Showler 07814 006646

### **Sunday 23rd June 2019 - Long Mynd, Church Stretton**

7 miles, Moderate

A circular walk starting at Church Stretton town, then up Carding Mill Valley to the Port Way, returning along Town Brook Valley. Valleys, reservoirs and hill tops with spectacular

views over Shropshire.

Blackvein Road at 8:30am

Clive Turner 07802 231371

## **Thursday 27th June 2019 - Volunteer wanted**

No experience necessary  
Just take us somewhere nice!  
Blackvein Road at 9:30am  
It could be you

## **Sunday 30th June 2019 - Grwynne Fawr**

Moderate, band C  
Bal Bach to Waun Fach  
Blackvein Road at 9:30am  
Karen Ford 07557 780784

## **JULY 2019**

### **Thursday 4th July 2019**

details to follow  
details to follow  
Blackvein Road at 9:30am  
Helen Eldred

### **Saturday 6th July 2019 - Turner's Mystery Tour**

That's the mystery  
and the excitement rises....  
Blackvein Road at 9:30am  
Clive Turner 07802 231371

### **Thursday 11th July 2019**

details to follow  
details to follow  
Blackvein Road at 9:30am  
Helen Menzies

### **Saturday 13th July 2019 - The Lonely Shepherd**

8 miles, Moderate, band B  
Climb to the lonely shepherd for great views, returning along the canal  
Blackvein Road at 9:00am  
Mike Showler 07814 006646

### **Thursday 18th July 2019 - Volunteer wanted**

No experience necessary  
Just take us somewhere nice!  
Blackvein Road at 9:30am  
It could be you

### **Saturday 21st July 2019 - Hay Bluff and Twmpa**

6 miles, Moderate  
Initial steep climb with clear paths over high mountains and open moorland, with a return  
leg along a quiet lane  
Blackvein Road at 9:15am  
Karen Ford 07557 780784

### **Wednesday 24th July 2019 - Autumn Planning Meeting**

An update on the season so far and  
time to think of the Autumn season  
Risca RFC at 7:15pm  
Phil Purnell 07729 221799

## **Thursday 25th July 2019 - Haresfield Beacon and the Shortwood Topograph**

7 Miles, Moderate, band F  
One Climb, hills and woodland with great views  
Blackvein Road at 9:00am  
Phil Purnell 07729 221799

## **Sunday 28th July 2019 - Three Cliffs Bay**

7 Miles, Easy  
Starting at Southgate, along the Downs, Then over the Dunes to Pennard Castle.  
Lunch on the Beach with maybe a little dip in the sea (the brave ones)  
Blackvein Road at 9:30am  
Clive Turner 07802 231371

## **AUGUST 2019**

### **Thursday 1st August 2019 - Roath Park and Lisvane**

6 miles, Easy

Along the lake, up Nant fawr corridor to Lisvane. Return by Rhyd y Pennau Park with coffee at Griffin inn. Can be muddy at times

Blackvein Road at 9:30am

Clive Turner 07802 231371

### **Saturday 3rd August 2019 - Llanthony Priory and Capel y Fin**

9 miles, Strenuous, band D

Along the Vale of Ewyas to Capel Y Fin, then a steady climb to Bal Bach with a steep descent back to Llanthony

Blackvein Road at 9:30am

Mike Showler 07814 006646

### **Thursday 8th August 2019 - Pwllmeyrick**

7 miles, Moderate, band C

Great Barnets Wood, Pwllmeyric & Matherne

Blackvein Road at 9:30am

Phil Purnell 07729 221799

### **Sunday 11th August 2019 - Carmarthen Fans**

9-10 miles, Strenuous

details to follow

details to follow

Karen Ford 07557 780784

### **Thursday 15th August 2019 - Sugar Loaf**

5-6 miles, Moderate, band C

A steep ascent along clear paths with outstanding views

Blackvein Road at 9:30am

Mike Showler 07814 006646

### **Sunday 18th August 2019 - The Waterfalls Walk**

9-10 miles, Strenuous, band D

The highest concentration of waterfalls in South Wales

Blackvein Road at 9:00am

Phil Purnell 07729 221799

### **Thursday 22nd August 2019 - Sorbrook and Panteg Church**

6 miles, Moderate, band B

Through woodland, field and farm tracks

Blackvein Road at 9:30am

Terry Butler 07989 070404

## **Saturday 24th August 2019 - Porthkerry Park**

9 miles, Moderate, band C

Along the coastal path to Rhoose Point and then inland around the airport to a Norman Village

Blackvein Road at 9:00am

Terry Butler 07989 070404

## **Thursday 29th August 2019 - Llandegfedd Reservoir**

6 miles, Moderate, band B

A circular walk around the reservoir

Blackvein Road at 9:30am

John Venn 01495 271953

## **Saturday 31st August 2019 - Llanbedr horseshoe for wimps**

10 miles, Moderate, band B

To the highest point in the Black Mountains - and the stars beyond.

Blackvein Road at 9:00am

Andrew George 07840 743791